



Watercress

**Do you remember the journey the family took in the book *Watercress*?
Starting with 1, write in each box the journey the family took.**

1 The family stops to
gather wild watercress
in the river.



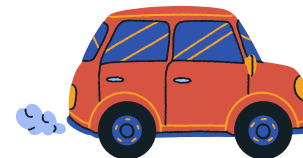
2 The family makes a
meal with watercress,
but the girl won't eat it.



3 The girl learns why
watercress is important
to her family and enjoys



4 The family is driving
down the road and sees
watercress plants.

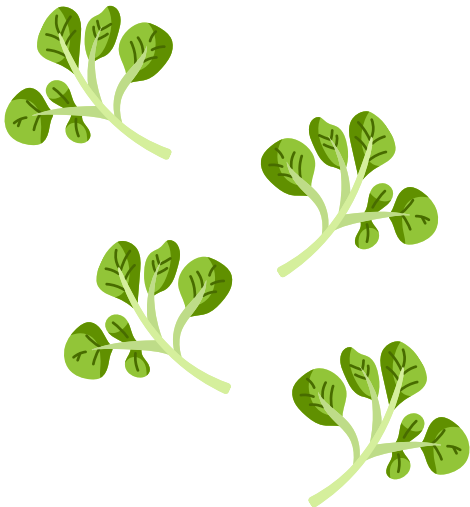


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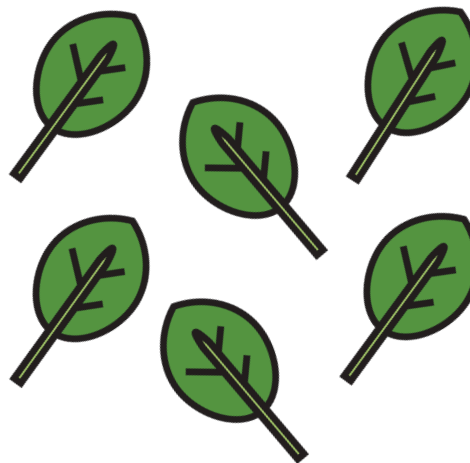
1 2 3 4

Count the different dark leafy green vegetables in each of the boxes.

**How many
watercress
are there?**



**How many
spinach
are there?**



**How many
kale
are there?**



Watercress

Watercress has a peppery taste. Read and rewrite the other foods that have a peppery taste.

radish

mizuna



arugula

radicchio



What other foods
do you know that
taste 'peppery'?
Which ones have
you tried?

Watercress

Watercress grows in water. Did you know there are a lot of other fruits and vegetables that can grow in water? Find them in the wordsearch.

- BOKCHOY
- CABBAGE
- GARLIC
- GINGER

- LAVENDER
- LEEK
- LETTUCE
- MINT
- ONION

Y	Z	R	U	P	F	W	C	R	J	E	N
B	E	S	S	F	O	N	I	O	N	Q	U
C	P	K	L	A	L	E	E	K	W	F	X
L	C	A	B	B	A	G	E	E	T	I	S
Z	F	J	I	V	M	I	N	T	M	A	L
D	X	C	N	F	W	E	H	T	B	K	E
V	K	Q	C	O	W	A	G	J	N	O	T
L	A	V	E	N	D	E	R	R	N	U	T
Q	G	S	J	J	T	V	I	T	J	O	U
N	S	X	B	Q	P	G	A	R	L	I	C
A	B	O	K	C	H	O	Y	L	W	I	E
B	E	Q	N	E	R	G	I	N	G	E	R

Watercress



In the book, *Watercress*, you learn about a family who eats watercress because it is important to them. Is there a food you eat with your family that is special?

