

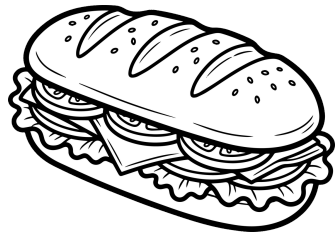
Just Try It!



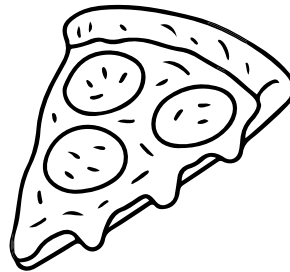
In the book *Just Try It!*, Phil encourages Lily to try a dish just once.

Do you remember which foods Lily tried?

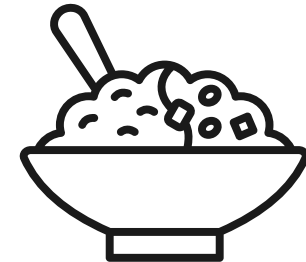
Color in the foods that she ate and draw an X over the ones they did not eat.



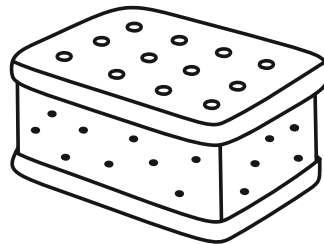
Roast Beef
Sandwich



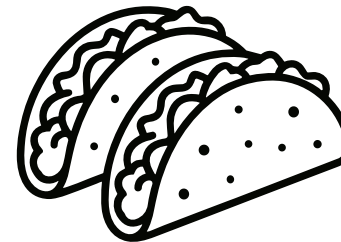
Pizza with
Garlic and
Spinach



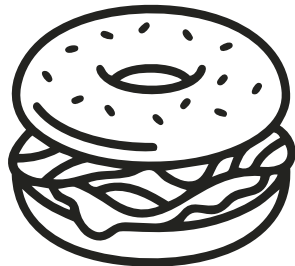
Curry



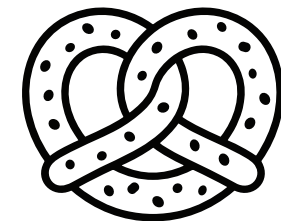
Ice Cream
Sandwich



Peking Duck
Tacos



Everything
Bagel

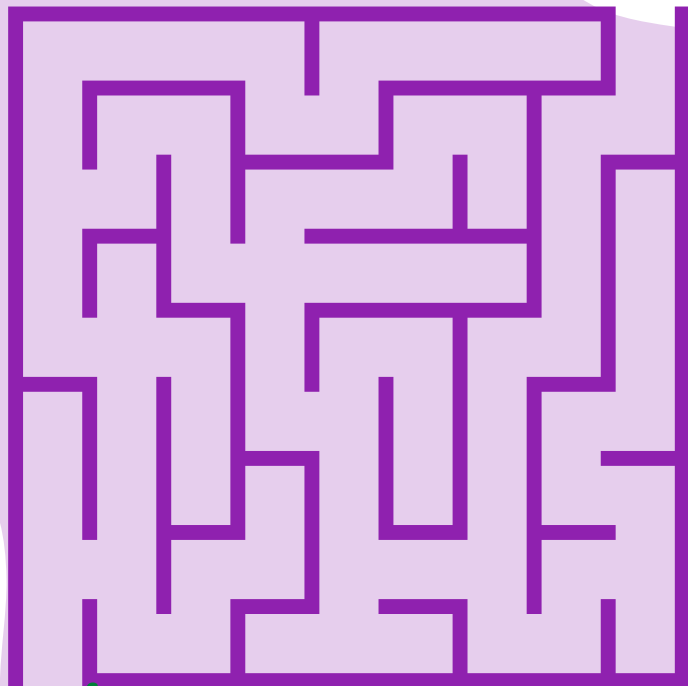


Pretzel with
Mustard

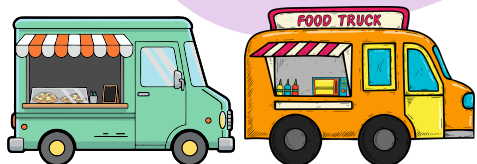
Just Try It!

Help the Lily travel through the maze to get to the food trucks, so she can enjoy all the food at the fair.

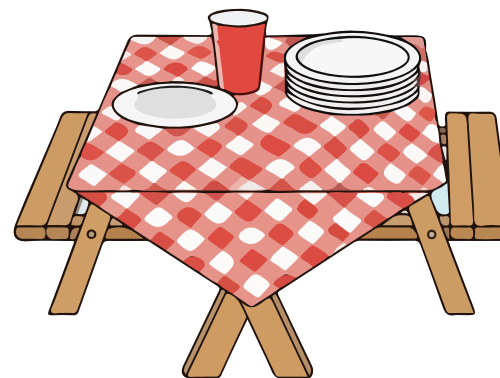
Start



Finish



Draw yourself eating a new food you want to try



Just Try It!

Find the different foods
that Lily and her dad
tried at the Food Truck
Festival



I	Q	S	F	Z	P	S	I	K	X	D	C
A	X	K	S	L	A	B	C	I	L	U	P
Q	O	C	R	F	E	T	L	S	B	J	R
M	L	U	E	D	Q	W	A	L	Z	H	E
J	S	D	P	H	G	I	M	L	E	E	T
F	P	G	A	C	K	A	S	F	J	F	Z
F	I	N	C	I	V	E	K	X	C	Y	E
R	N	I	A	F	O	T	C	I	P	K	L
T	A	K	L	I	N	G	U	I	N	I	R
H	C	E	D	O	Y	S	F	S	H	I	F
G	H	P	Y	E	F	E	O	O	V	A	M
Q	M	U	S	T	A	R	D	S	I	W	O

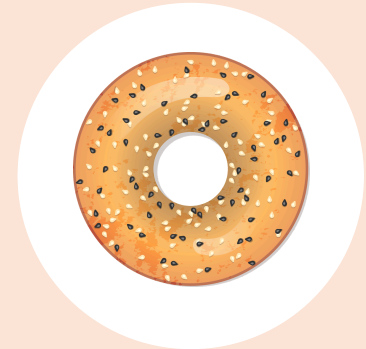
Just Try It

Lily and her dad Phil, try lots of food at the Food Truck Festival
Read the words and rewrite them, then draw a line to the image.

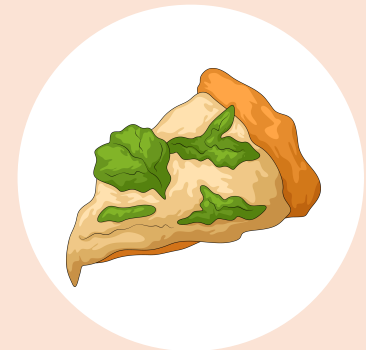
everything bagel



spinach pizza



duck tacos



Just Try It!



Has there been a time that you had culinary courage and tried new food you never tried before? What made you want to try it?



Just Try It!



Roasted Garlic and Pumpkin Hummus

Ingredients

- Spice World® Garlic (choose one)
 - 1 bulb Spice World® Fresh Garlic
 - 2 Tbsp Spice World® Squeezable Garlic
 - 2 Tbsp Spice World® Fresh Diced Garlic
- 1 (15 oz) can chickpeas, drained and rinsed
- 1 cup pumpkin puree (canned or homemade)
- 3 Tbsp tahini
- 2 Tbsp olive oil
- Juice of 1 lemon
- 1 tsp ground cumin
- ½ tsp ground cinnamon
- Salt and pepper to taste
- Extra olive oil and pumpkin seeds for garnish
- 1 package full-sized pita bread

Notes:

This tasty fiber filled dip can be paired with pita or veggies



*Scan for more
Spice World®
recipes*

Directions:

- Preheat oven to 400°F.
- Peel off the outer layers of the Spice World Whole Garlic bulb, leaving the skins of the individual cloves intact.
- Cut off the top of the garlic bulb, exposing the tops of the cloves.
- Drizzle with olive oil, wrap in foil, and roast in the oven for about 30-40 minutes, until the garlic is soft and caramelized. Once done, let cool slightly, then squeeze the roasted garlic out of the skins.
- While garlic is roasting, split pita loaves in half and tear or cut into bite-size pieces for dipping. Set aside.
- In a food processor, combine the drained chickpeas, pumpkin puree, roasted garlic, tahini, olive oil, lemon juice, ground cumin, and ground cinnamon. Blend until smooth and creamy. If the mixture is too thick, you can add a little water or more olive oil to achieve your desired consistency.
- Transfer the hummus to a serving bowl.
- Drizzle with a bit of olive oil and garnish with pumpkin seeds for a nice crunch and presentation.